## 2019 Kent County Swimming Champs

The first weekend of the 2019 Kent County Swimming Champs at the London Aquatic Centre was a very successful weekend with 3 Hythe swimmers making finals and lots of long course PB's which will convert to even faster short course PB's.

Katie Oliver swam a fantastic 1 sec plus PB in the 11yrs old 50m fly heats to make the final where she finished a creditable 5th, with another 1 sec PB. Leon Santer was just off his PB with a strong swim to make the 16yrs 50m Back final finishing 8th whilst Finn Wood made the final with a long course PB and bettered it in the final where he came 6th. Ben Walker narrowly missed a final place in the 17/O 50m Breast final finishing 9th.

Other good performances came from Leon Santer and Tristan Calvo in the 16yr 50m Free both with good PB's. Georgie Dedman in the 16yrs 50m Fly and Emma Howes Lawrence in 13yr 50m Back both swam very well to gain faster PB's whilst Evie Wood and Finn Wood were close to their 50m Breast PB's.

To get a PB's in a 50m pool when as a club we have little opportunity for 50m Pool training is quite an achievement so well done to all those swimmers who did the sprints.

Many thanks to Head Coach Tim Wiseman and his coaching team for providing the training opportunities and thanks to the Hythe Aqua poolside support at the Champs.

